

## HOPES, DREAMS, AND DESIRES | WEEK 1 PASTOR CODY JOHNSON

vve all have a box of,,	, and
Our hopes, dreams, and desires come from wha	<u></u>
Expectation: a strong belief that something happen	happen or
Pressure	
Lack of gratitude	
Constant criticism	
Frustration	
Comparison	
Guilt	
When we only have	, it leaves nothing but
space for	
becomes	
God is love 1 John 4:16	
be <b>imitators</b> of God Ephesians 5:1	



God showed how much he loved us by sending his one and only Son into the world so that we might have eternal life through him. This is real love—**not that we loved God, but that he loved us** and sent his Son as a sacrifice to take away our sins. 1 John 4:9-10

How do we remove the burden of expectation from our partner?
Keep your expectations in the
Not that I was ever in need, for I have learned how to be <b>content</b> with whatever I have. I know how to live on almost nothing or with everything. I have learned <b>the secret of living in every situation</b> , whether it is with a full stomach or empty, with plenty or little. For I <b>can do everything through Christ</b> , who gives me strength. <i>Philippians 4:11-13</i>
"I didn't expect that"
"You didn't have to do that!"
"I really appreciate you doing that."
Focus on
Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your <b>own interests</b> , but <b>take an interest in others</b> , too. You must have the <b>same attitude that Christ Jesus had</b> . <i>Philippians 2:3-5</i>
Will you put your expectations in the right box?



hopes, dreams, desires een, heard, experienced Expectations will, should expectations, disappointment cove, impossible right box their box

To further explore and apply this message with your small group, visit eclife.org/groups to access this week's group discussion questions.